

**Dr Taylor
And
Partners**

Opening times:

Monday - Friday
8.00am - 6.30pm
Saturdays 8.30 - 11.30am

Surgery News

Issue 31

Winter 2017

Tel: 01394 382046
www.woodbridgedoctors.com

OUR DOCTORS

Dr Gary Taylor
Dr Sid Sidhu
Dr Judith Shelley
Dr Annabel Smith
Dr Anna Livermore

KEEP ANTIBIOTICS WORKING!

Colds, most coughs, sinusitis, ear infections, sore throats, and other infections often get better without antibiotics. Your body will fight these on its own. If you take antibiotics when you don't need them it allows bacteria to build up resistance—so that they may not work when you really do need them.

CHRISTMAS CLOSING TIMES

SATURDAY 23RD DECEMBER
24TH DECEMBER—CHRISTMAS EVE
25TH DECEMBER—CHRISTMAS DAY
26TH DECEMBER—BOXING DAY

1ST JANUARY 2018—NEW YEARS DAY

**REMEMBER TO ORDER YOUR REPEAT
MEDICATION EARLY—AND MAKE SURE YOU
HAVE ENOUGH FOR THE CHRISTMAS AND NEW
YEAR HOLIDAYS.**



SUGGESTION BOX, & FRIENDS & FAMILY BOX

Recent suggestions included a request for text reminders for appointments (please see note at the bottom of the page), nothing to improve but ground coffee and iced buns would be good, and a request for small cardboard containers to make the filling of urine sample bottles easier—which can be done—please ask.

Unfortunately there were no names with these suggestions so we could not reply personally.

There were 5 Friends & Family forms filled in—all with 'extremely likely' to recommend this surgery. There were two comments.

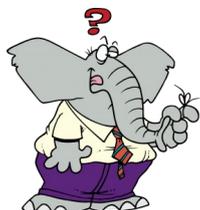
One asking that appointments be more easily available, and one with praise for the Reception staff.

WHO CAN SEE MY HEALTH RECORD?

By agreeing to allow your basic information such as allergies and lists of your medication to be shared with other health professionals such as paramedics, the hospital, or district nurses, you will be allowing them to be able to treat you safely and well. You can also agree to share your full electronic record. But you can still keep certain parts of your record private if you wish.

Please ask at Reception for one of our record sharing forms. This will provide you with much more information about who can see your record, when, and why.

**.....HAVING TROUBLE REMEMBERING YOUR APPOINTMENTS?
REGISTER TO HAVE REMINDER TEXT MESSAGES SENT TO YOU.
Please ask at reception.**



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The Surgery Address:

7 Little St John's Street
Woodbridge
Suffolk
IP12 1EE
Telephone: 01394 382046
Fax: 01394 388457

Dr Taylor & Partners Patient Participation Group email address:
iesccg.woodbridgesurgeryppg@nhs.net



STAY WELL THIS WINTER

Get your flu jab if you are eligible.

Keeping warm when you are indoors or outdoors can help to stop you getting colds, flu, or other serious health problems.

Talk to your pharmacist about what medicines you should have at home to help you get through the winter. They can also advise you what to take, and when.

Have at least one hot meal a day, and drink plenty of liquids.

Look after other people—particularly the elderly or disabled. Check that they are able to do their food shopping, and that they have enough food for a few days. Check that they have all the medicines that they need - particularly over the Christmas and New year period.

PPG NEWS

We welcome your feedback

The feedback we receive from you about the Practice is very positive, but we welcome all your comments and suggestions, which we fully take up at our meetings. Please make use of the '**Suggestions box**' and '**Friends and Family**' questionnaires in the waiting room. You can also rate the practice online at the **NHS Choices** website. Or you can e-mail us at the email address above.

Keep the feedback coming!

MENTAL HEALTH CARE FOR ARMED FORCES VETERANS

On April 1st 2017 the new NHS veterans mental health transition, intervention and liaison service was launched across England. It seeks to provide increased access to mental health services for armed forces personnel approaching discharge, and veterans with mental health difficulties.

Those service men and woman who meet the criteria can self-refer or request a referral via a healthcare professional or service charity.

Further information can be found on the [NHS Choices](#) and [NHS England](#) websites.



STAFF TRAINING

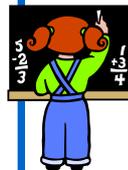
Please note that the surgery will be closed for staff training

from 1pm on the following

afternoons:

Thursday 16th November 2107

Wednesday 13th December 2017



IT IS HOPED THAT THE SURGERY WILL SOON HAVE WIFI AVAILABLE FOR PATIENT AND STAFF USE.

WHEN WE ARE CLOSED.....Should you require emergency treatment or advice Please phone:

111 for the out of hours service