

**Dr Taylor  
And  
Partners**



**WALKING  
GROUP  
for our Patients**

## **PUT YOUR HEART INTO WALKING**

**9am EVERY FRIDAY**

**from 8th December 2017 meet at**

**UFFORD PARK HOTEL**

Meet outside the main reception for a gently undulating two mile walk.

Great views, no traffic, and free parking!

Free to join in, and the Hotel is open for tea, coffee, and a chat afterwards.